

Booklet

Score 4 Inclusion

Connect Sport and Social Inclusion



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Score 4 Inclusion

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Score 4 Inclusion
Connect sport and social inclusion

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ABOUT US

SCORE 4 INCLUSION is an innovative project that aims to promote social inclusion and tackle discrimination in the sports sector.

Through a strategic partnership under Erasmus+ Sport – Small-scale partnerships in Sport, the project fosters inclusive values through sport.



The project brings together Instituto Europeu de Estudos Superiores (Portugal, project coordinator) and Universidad Pablo de Olavide (Spain, partner organisation).

It aims to combat discriminatory, racist and intolerant practices in sport.

It promotes sport as a key tool for social inclusion and non-discrimination.

OBJECTIVES



AWARENESS

Develop opportunities to raise awareness, inform and train athletes in the context of social inclusion, non-discrimination and the promotion of European values.



IMPACT

Produce high-quality results with the potential to influence social and political decision-making processes related to sport.



COMMUNITY

Raise awareness among the wider community to adopt inclusive behaviours and combat racism, discrimination, stigma and violence, both in sport and in everyday life.



STATE OF THE ART

PROBLEMS IN SPORT

Sport continues to face challenges related to racism, discrimination and intolerance.

Exclusion based on gender, ethnicity, disability or social background remains present, contributing to unsafe and non-inclusive environments.



STRUCTURAL CHALLENGES

Many issues are linked to structural gaps within sports organisations.

These include unclear policies, limited training on inclusion and weak support systems for victims.

POTENTIAL OF SPORT

Sport has strong potential to promote inclusion, equality and positive values.

It can bring communities together and foster respect, contributing to more inclusive societies.





Project activities carried out throughout the project



These activities promoted active participation and the exchange of experiences.

LABORATORIES



LOCAL ENTREPRENEURSHIP LAB



PORTUGAL
Fafe



34 participants
(17 men and 17 women)



3 coaches
(1 men and 2 women)



SPAIN
Seville



52 participants
(35 men and 17 women)



2 coaches
(1 man and 1 woman)

1

These local labs brought together aspiring entrepreneurs and sports coaches to share ideas, build skills and strengthen inclusion.

TRANSNATIONAL ENTREPRENEURSHIP LAB



19 participants
(5 women and 14 men)



5 trainers
(2 men and 3 women)

2

The transnational lab brought together entrepreneurs and trainers from Portugal and Spain to exchange experiences and strengthen collaboration.



PORTUGAL
Póvoa de Varzim



10 participants
(5 men and 5 women)



3 trainers
(1 man and 2 women)



SPAIN
Seville



9 participants
(9 men)



2 trainers
(1 man and 1 woman)

RESULTS



AWARENESS

Increased awareness of social inclusion and non-discrimination in sport among participants and communities.



COOPERATION

Strengthened collaboration between Portugal and Spain through shared activities and transnational exchange.



SKILLS

Enhanced entrepreneurial, social and personal skills among participants and trainers.



FINAL REMARKS

The Score4Inclusion project demonstrated the important role of sport as a tool for promoting social inclusion, equality and non-discrimination.

Through collaborative activities and cross-border cooperation, the project strengthened skills, raised awareness and fostered inclusive values among participants and communities.

The results achieved provide a strong foundation for future initiatives, encouraging the continued use of sport as a driver for social change and inclusion.

Score4Inclusion contributes to building more inclusive, respectful and united communities through sport.



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<https://iees.pt/projeto/score4inclusion/>



Fafe, Portugal
Seville, Spain